

Home News of the Triangle

News To Help You Save Time And Money

Fall 2014

Assumptions Lead To Impatience

In the days when an ice cream sundae cost much less, a 10 year old boy entered a hotel coffee shop and sat at a table. A waitress put a glass of water in front of him. "How much is an ice cream sundae?" he asked.

"50 cents," replied the waitress.

The little boy pulled his hand out and studied the coins in it.

"How much is a dish of plain ice cream?" he inquired. People were now waiting for a table and the waitress said impatiently, "35 cents."

The boy again counted the coins. "I'll have plain ice cream," he said.

The waitress brought the ice cream, put the bill on the table and left. The boy finished the ice cream, paid the cashier and departed.

When the waitress came back, she began wiping down the table and then swallowed hard at what she saw. There, placed neatly beside the empty dish, were 15 cents – her tip.

As I read this, it reminds me to be less impatient. After all, I may be the one who's in the wrong.

Amy Shair



What They Made

A student sat with his grandfather at a football game. Many of the fans checked their phones during the game, and grandfather said, "Things sure have changed since I was your age."

"I bet," his grandson agreed. "You didn't have smartphones, or personal computers, or the Internet, or hybrid cars, or the space shuttle. I mean, what did you do?"

The man paused, then said, "We invented them."

Those who do not stop asking silly questions become scientists. —Leon Lederman

Win A Prize!

Check Out Quiz Question on Page 2

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Why You Need a Vacation

It's Sunday evening but instead of relaxing with your family, you're finishing up a few emails. Once the emails are sent, you have to fold the laundry, help with the dishes, and get the kids to bed. During the week, you'll do the same thing on most nights.

Between your work, the long commute, housework, and kids' activities, you can't remember the last time you sat around all day reading a good book.

It seems that doing nothing once in a while – lying in a hammock, listening to music, reading a book, painting a picture, and most importantly, getting away from it all on a long vacation – has become less and less available to us. But, according to research cited in *Scientific American*, not taking extended breaks is robbing us of perspective, making us crankier, and eliminating creativity.

Take it from one of the most creative minds ever to have lived, vacations are valuable:

“Every now and then go away, have a little relaxation, for when you come back to your work your judgment will be surer since to remain constantly at work will cause you to lose power of judgment . . . Go some distance away because then the work appears smaller and more of it can be taken in at a glance and a lack of harmony and proportion is more readily seen.” ~ Leonardo da Vinci

How To Be Less Efficient

Here's a tongue-in-cheek look at how to be inefficient. Hint: Do the opposite!

Don't plan your day. Without a plan, you'll end up reacting to demands instead of concentrating on priorities, greatly reducing your efficiency.

Keep a messy work space. A disorganized desk and life cause you to lose time and attention, and therefore become less efficient.

Don't take mental breaks. By avoiding time off and relaxation, you can stay busy, which can cause you to lose perspective and become less efficient – and less pleasant, too!

Fall is a Good Time

to review insurance
coverage on your
home & cars.



SENTINEL
RISK ADVISORS

To learn about your policy
options, call Denise Reinert
919-422-8362

Fall Quiz Question

Question: What is the famous painting, *La Gioconda*, more commonly called?

The first person to call in with the right answer will win a prize!
Call Amy at [919-469-6539](tel:919-469-6539) with your quiz answer.

NOTE: It usually takes 2 days for the winning answer – don't hesitate to try!

The Summer Quiz Winner was Miranda Taylor.

Excellence Takes Focus

A martial arts student approached his teacher.



"I'd like to improve my knowledge of the martial arts. In addition to learning from you, I'd like to study with another teacher in order to learn another style. What do you recommend?"

"The hunter who chases two rabbits," answered the master, "catches neither one."

Need Extra Money for Fall Home Improvement Projects?



**Check with Sabrina Schell
NMLS # 98721
Southeastern Mortgage
919-571-2505
for Refinancing Options**

Timely Gardening Tips

- ❖ **Time to Plant Evergreen Trees & Shrubs** – Fall is a good time to plant and transplant evergreen trees and shrubs. This transplant season extends through the winter months. In selecting evergreens, be certain to allow space for maturity. A common mistake is in placing a large or fast growing evergreen in a position where there is not enough room for full height and spread.
TIP: Fertilizing trees in late October will encourage vigorous spring growth.
- ❖ **Putting the Garden to Bed for the Winter** - Prevent many of next year's insect and disease problems by thoroughly cleaning debris out of the garden. Pull out all annuals that have completed their life cycle. Cut away all tops of perennials. Remove debris from beneath all plants including shrubs. Get your soil tested. A nematode assay may be useful to vegetable gardeners.
- ❖ **Root Cuttings** – Most flowering shrubs can be propagated by means of hardwood cuttings. Make cuttings of mature wood 6-8 inches long. Dip basal ends in a rooting hormone. Set them in well amended garden soil, leaving about 2 inches above ground, or place cuttings in large nursery cans. Keep cuttings moist till rooted.
- ❖ **Pruning** – It is always the right time to prune out deadwood or diseased wood from shrubs, roses, shade trees. Never cut beyond the bark ridge to insure quick healing.
- ❖ **Houseplants** – Bring houseplants indoors when temperatures dip below 50°F. Give them a good bath in soapy water or spray with Safer soap.
- ❖ **Garden Compost** – Of continuing importance is the gardening practice of composting leaves and other garden refuse. Never burn or throw them away. Grinders, compost hasteners, fertilizers and lime all help to decompose the compost pile – making it available for garden use next spring.



"Some people are always grumbling because the roses have thorns. I am thankful that thorns have roses." -- Alphonse Karr

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The NC State Fair is coming up—it's only about a month away, October 16-26!



Go to the Fair website for more information and to buy advance admission & ride tickets:

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919-469-6539

<http://www.ncstatefair.org/2014/index.htm>

RE/MAX United

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